

THE TYES MINI

VOLUME 1, ISSUE 1 NOVEMBER 2012

FAMILY TYES INC. ADULT FOSTER CARE HOMES STRATEGIC PLAN

On a statewide level, supportive housing for persons with mental illnesses and developmental disabilities is recognized as an essential service for delivering care to persons in integrated community based settings. The reduction of state mental health inpatient facilities across the country has increased the demand for alternative and more importantly, permanent, affordable housing arrangements for persons with mental illnesses. Supportive housing services play a vital role in diverting people from emergency rooms, crisis care settings and long-term psychiatric care and, in some cases, the criminal justice system. In essence,

supportive housing, coupled with other integrated services such as supported employment, is a cost effective means of delivering care to people who may have been inappropriately hospitalized in restrictive settings. An expansion of supportive housing is being promoted in Detroit/Wayne County and across the state.

The development of Family Tyes Inc. strategic plan for supportive housing is part of a larger redesign of adult mental health services in Detroit/Wayne County. It is based on establishing a recovery model of care that is grounded in the idea that people can recover or overcome the effects of mental illness and live in an

integrated community based setting. Recovery is a very personal, unique process that is essentially driven or self-directed by the person who is offered supportive housing supports and services. The integration of the developmentally disabled consumer into the community is based on the premise of self-determination that promotes the consumer's ownership and right to guide treatment.

For more on Family Tyes Inc. Business Objectives, Key Strategies, and Strategic Action Programs, please visit www.familytyesinc.com

POINT OF THE MONTH

Family Tyes Inc. provides 24 hour, 7 days per week supervision, room & board, protection, personal care, medication monitoring and community living support to its Consumers. Our knowledgeable and dedicated staff will assist Consumers in activities of daily

living, supportive rehabilitative services and provide daily on-going supervision and care. Consumers are accompanied on community outings and appointments and are encouraged to become involved in activities that will help them to be productive. Full meal menu

plan, snacks, specialized diets and holiday meals, are implemented and posted at all times in our homes.

Emergency Evacuation Drills, Fire Drills, are practiced monthly.

SPECIAL POINTS OF INTEREST



- *Family Tyes Inc. Strategic Plans 2012-2015*
- *Point of the Month*
- *Time to Celebrate*
- *Consumer Corner*
- *Family Tyes Website*

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A TIME TO CELEBRATE!

WELCOME TO THE FAMILY TYES ORGANIZATION DIRECT CARE STAFF:

Katelynn Rooks Margreat Duncan Antoinette Winbush Phyllis Hill Sandra Goff

Renita Williams Michael Spencer Diane Hamilton Trina Tyler

CONGRATULATIONS TO STAFF WITH ONE OR MORE YEARS WITH THE ORGANIZATION

April Agee Angela Fleming Desare Oliver

HATS OFF TO SENIOR STAFF WITH FIVE OR MORE YEARS WITH THE ORGANIZATION

Prince Jackson Tyrone Chattman

HONORING THE HOME MANAGER WITH OVER 19 YEARS OF SERVICE TO THE ORGANIZATION

Angela Marks

HAPPY BIRTHDAY to all of our STAFF born in the months of NOVEMBER and DECEMBER!



CONSUMER CORNER

CONSUMER MEETINGS

YOUR PARTICIPATION IS IMPORTANT. PLEASE CHECK THE CONSUMER BOARD AT YOUR HOME AND PUT THE TOPIC YOU WISH TO DISCUSS ON THE BOARD. WE WANT TO HEAR YOUR THOUGHTS!

CHECK THE BOARD AT YOUR HOME FOR THE NEXT CONSUMER MEETING!

TIS THE SEASON... FOR COLDS AND THE FLU...

REMEMBER TO:

- NOT COUGH OR SNEEZE INTO YOU HANDS,
- COUGH OR SNEEZE INTO A NAPKIN OR INSIDE THE CORNER OF YOUR ELBOW
- DRESS PROPERLY FOR THE WEATHER WEAR A HAT, GLOVES AND A SCARF WHEN OUTDOORS
- KEEP YOUR FEET DRY AND WARM.
- KEEP YOUR HANDS CLEAN.

RECIPE FOR THIS VOLUME: COLD SPAGHETTI SALAD

BOIL SPAGHETTI NOODLES OR NOODLES OF YOUR CHOICE ACCORDING TO BOX DIRECTIONS - BUT DO NOT OVER COOK. RINSE, DRAIN AND COOL THEN PUT INTO A LARGE BOWL

CHOP, OR DICE, OR SLICE OR CUT IN HALF AND ADD INTO THE BOWL WITH THE COOLED SPAGHETTI NOODLES YOUR FAVORITE VEGETABLES. WE LIKE TO USE THESE: CUCUMBERS, TOMATOES, BROCCOLI, RED ONIONS. TOSS IN ITALIAN DRESSING
OPTIONAL: BLACK PEPPER TO TASTE *BON APPETIT!*

...A DRUM ROLL PLEASE

WE ARE PROUD TO PRESENT OUR NEWSLETTER, "THE TYES MINI." WE WILL FEATURE ARTICLES OF INTEREST, RECIPIES AND MORE EACH VOLUME. OUR MINI NEWSLETTER WILL BE PUBLISHED EVERY 6 MONTHS. IF YOU HAVE A STORY OF INTEREST YOU WOULD LIKE TO SHARE, SEND IT TO US!

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